

Services open over festive holiday period

Homelessness services:

First Base Day Centre

St Stephens Hall, Montpelier Place, Brighton BN1 3BF

Drop-in rough sleepers sessions: 9am - 10.30am; 11am - 12.30pm (reduced hours Christmas and Boxing day: 9am – 11am)

01273 326844

Brighton & Hove City Council:

Out of hours duty Housing Needs service: 01273 294400

Shelter helpline:

Weekdays: 8am - 8pm; weekends/bank holidays: 9am - 5pm

0808 800 4444

Domestic abuse helpline:

24/7 National Domestic Abuse Helpline: 0808 2000 247

Mental health helplines:

If you are in crisis:

Mental Health Rapid Response Service: 24/7 0300 304 0078

Phone 999 if you or someone else is at immediate risk of harm.

Mental health listening and support:

Sussex mental health line: 24/7, call 111 and select the mental health option

Samaritans: 24/7, call 116 123

Shout text messaging support service 24/7: text text the word 'Shout' to 85258

LGBTQ+ support:

London Switchboard: 10am - 10pm every day, 0300 330 0630

Older people:

Silverline: 24/7, 08004 70 80 90